

Meals-On-Wheels Roll, Bring More Than Food

Three organizations have joined hands to bring the kosher Meals-On-Wheels program to an increasing number of individuals who are unable to prepare meals for themselves.

Now entering its second month, this primary reaching out with nourishing meals by Meals-On-Wheels, which may help keep many people living in their own homes for considerably longer periods, depends upon the skills, know-how training and volunteers of the Jewish Home and Hospital for the Aged, the B'nai B'rith Women Greater Pittsburgh Council, and the Jewish Family and Children's Service.

The meals are prepared and packaged by the Jewish Home and Hospital for the Aged. The day-in-and-day-out deliveries are made to the homes and apartments by a corps of volunteers from B'nai B'rith Women. The Jewish Family and Children's Service organized the initial group of Meals-On-Wheels participants and is processing all new applications.

Anyone interested in applying for kosher Meals-On-Wheels based on criteria of need for the service, may call the Jewish Family and Children's Service, 683-4900.

The M-O-W offers one hot and one cold meal Mondays through Thursdays. Friday's delivery consists of two hot and two cold meals. The staff of the Jewish Home and Hospital for the Aged packs each of the kosher, hot meals in disposable, oven-proof containers.

The weekly fee for the 12 meals is \$10, but may be scaled downward in accordance with ability to pay.

Mrs. H. David Rothman, past President of the B'nai B'rith Women Greater Pittsburgh Council and Chairman of the kosher Meals-On-Wheels program, points out that B'nai B'rith women have taken to this service project with great enthusiasm.

Mrs. Rothman said, "often, Meals-On-Wheels means more than bringing the food into the person's rooms, important though that is. There is the added dimension -- a very important

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DELIVERY: Abe Franklin receives his meals from Mrs. Alex Perl (left) and Mrs. Jack Pincus of B'nai B'rith Women.



LOADING WHEELS: Harold Simon, Assistant Food Manager at Home; Mrs. H. David Rothman, Mrs. Rose Simon, and Mrs. Harry Louick of B'nai B'rith Women.



HOME PREPARATIONS: Food for the Meals on Wheels program is prepared in the kosher kitchens of the Jewish Home and Hospital for Aged. Looking on are (from left), Leon Kalson, Home Executive Director; Simon Reinhart, First Cook; Harry J. Wagner, President of the Home; Harold Liptz, Food Manager; and Sheril Marbury, Second Cook.

The Inside Story

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Meals on Wheels

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dimension -- of a regular, friendly, human contact for individuals who may have no other real daily visitors who care about them. We care."

Mrs. Rothman adds another phone number to the Meals-On-Wheels story. To volunteer. (organization membership isn't necessary), call 441-2145.

Harry J. Wagner, President of the Jewish Home and Hospital for the Aged, sees kosher Meals -On-Wheels as a "continuation of the tradition of innovative programming" by energetic leadership and the Board of the Home. "This", Mr. Wagner emphasized, "is a very welcome chance to reach out to individuals outside the walls of institutions."

Mrs. Nancy Frank, Supervisor of Services to Aged at Jewish Family and Children's Service, in detailing the need for kosher Meals-On-Wheels explained, "there are many individuals recovering from temporary illness or accidents, others suffering from visual handicaps, or the crippling effects of arthritis, strokes or other debilitating diseases who wish to remain in their own homes but find it impossible to shop and cook for themselves.

Some of the initial supplies for the program were a gift from the DOT's Couples Club, and the funding for this program has been made possible by the Edith Pichel Davis Fund of the Jewish Home and Hospital for the Aged.