HALOCHOSC (1) (1) PE

Someone is bedridden. He wishes to make the customary *Hataras Nedarim*, annulment of vows, on *Erev Rosh Hashana*. May he appoint a *Shliach*, agent in his stead? If he makes a personal appearance, may he remain seated or lying down?

The issues:

- (A) Hataras Nedarim
- (B) Appointing a Shliach for it
- (C) Doing Hataras Nedarim sitting down

(A) Hataras Nedarim

If one utters words banning himself from certain benefits, committing himself to an undertaking, or forbidding himself doing a certain act, he is bound by his words as if they were Mitzvos. Binding utterances are known as *Shvuos* and *Nedarim. Shvua*, oath, is the type that commits or forbids the person, e.g., to do something, or not to do it. *Neder*, a vow, bans an item, forbidding benefit from it like a Halachically forbidden item, e.g., banning a certain food, which makes it like non-kosher food. Even a pious practice with no verbal commitment can become a Neder, binding the person to maintain it.

Having made the utterance, one is bound by it due to various Mitzvos. The main Mitzvah is *Lo Yachel Devaro*, he shall not "profane" his word; one must respect his words as though they are holy. The Talmud warns of grave consequences for violating a Neder, even inadvertently. The Torah condemns one who adopts Nedarim, unless he has good reason to do so. There is concern that the person will not be able to maintain his Nedarim, and will be worse off than had he never adopted them. In addition, imposing these restrictions upon oneself implies that he feels that the Torah's Mitzvos are not enough. Accordingly, one should not make a Neder or Shvua, and if one did, he should have it annulled.

Annulling Nedarim has a very obscure source in the Torah. The Talmud refers to it as "mountains hanging by a hair." A wife's Neder may be annulled by her husband, as clearly stated in the Torah. However, this is in no way comparable to the *Hataras Nedarim* done by a *Chacham*, expert, or panel of three, the *Bais Din*. According to the guidelines of our Oral Tradition, an alternative

interpretation of the words Lo Yachel Devaro, provides a source for this Hatara. The exact use of the root for profaning would be Yechalel. The dropping of one letter permits us to include another meaning by substituting the letter Mem, giving us Yimchol, forgive, or waive the obligation. Lo Yimchol Devaro, he shall not waive his own obligation, implying that someone else (a Chacham) may waive it. The Talmud also derives the permissibility of panel of three "ordinary" judges, to perform this function. In our days, when no Chacham has due authority to act alone, a Bais Din is required. At least one member of the panel must be proficient in the details of how the Hatara works, so he may show the person seeking Hatara that he is entitled to it.

Hatara literally means untying. The idea of the Hatara is to show that the original Neder was made by mistake or without proper intent. Thus, it overturns the initial utterance or undertaking, making it as though it was never binding. Since it works retroactively, it could save one from punishment after having violated his Neder. Bais Din is not permitted to annul such vows because this leads to laxity in Nedarim, unless the alternative would cause waste and loss.

There must be good reason to form the basis of a Hatara. Two types of reason are acceptable: *Pesach* and *Charata*.

Charata means regret; one regrets having uttered the Neder. One might regret having made it binding for so long without limitations, or regret ever have got into it in the first place. For Hataras Nedarim one must regret having made the Neder in the first place. Simply wishing he could get out of it now is insufficient.

Pesach means an opening or excuse; he would not have undertaken the Neder had he realized what it would entail. Accordingly the Neder was not made with full awareness, is deemed a mistake, and is not binding. A Pesach is the preferable way to base a Hatara, turning the Neder into a mistaken undertaking; Charata turns it into a rash undertaking. Nowadays it is customary to turn Charata into a Pesach — "Had I known how much I would regret it I would not have made the Neder!"

At least one panelist must hear the person's declaration that he regrets this specific Neder. [See Parshas Vayikra 5:4 Matos 30:3 Ki Seitzei 23:23-24 Chagiga 10a Nedarim 13b-14a 22a-b 30b 60a 64a Kesubos 74b Gitin 35a Shvuos 20b-21b, Poskim Tur, Shulchan Aruch Yoreh Deah 203 228, commentaries.]

It is customary to make a general Hataras Nedarim on Erev Rosh Hashana. The source for this Minhag is a Talmudic dictum advising one who is concerned about inadvertent Nedarim. Any language used when uttering an undertaking or banning oneself, might be construed as a Shvua or Neder. To prevent this, the Talmud

suggests a *Moda'a*, disclaimer, at the beginning of each year (*on* Rosh Hashana). One declares at if he should inadvertently make an utterance constituting a vow, without stipulating that it should not be binding (*Bli Neder*), he serves notice that he regrets it. This could work in one of three ways: The most straightforward is that it is a *Tnai*, provision, stipulating ahead of time that the utterance should not be binding. There follows a discussion on when this helps. If one made a general Moda'a on future inadvertent utterances, then made such utterances, they are null. The exception to this is a case where one remembered the Moda'a and still made the Neder. Since the purpose of the disclaimer was to save him from the Neder, he should not be making such Nedarim intentionally. His doing so anyhow demonstrates his intent to override his disclaimer and that his Neder is binding.

Another possible interpretation is that the Neder has its Pesach with it, meaning that at the time of the utterance the excuse is built-in. This could mean that a Hatara is unnecessary, or that the formal Charata at the time of the utterance allows a subsequent Hatara. A third way to interpret the disclaimer is that when asking for Hatara he need not specify which Neder he regrets, and why, but may claim that based on his Moda'a, he has a generic Charata at this time.

According to the second and third ways to view it, Moda'a alone does nothing without a subsequent Hatara. To make it work, a Moda'a is made at the beginning of the year, then at the end of the year a Hatara is made. Immediately following the Hatara a new Moda'a is made for the next year. [See Nedarim 23b, commentaries, Poskim. Tur, Bais Yosef, Sh. Ar., Y.D. 211:1 228:46 Orach Chaim 619:1 (Levush), commentaries. Matei Efraim 581:49. Nitei Gavriel 9.]

(B) Appointing a Shliach

Normally the rule is that one may appoint another person in his stead to act out a transaction. The same is true of the performance of some Mitzvos, since that they are not personal obligations. One may often send a representative to Bais Din on his behalf. The Poskim debate whether one may be represented *in absentia* for Hataras Nedarim? The sources are Talmudic passages. A husband may represent his wife to have her vows annulled. Some say that is only true of a husband, due to the dictum that *Ishto Kegufo*, one's wife is part of himself. Thus it is as though the wife appears personally. A Shliach would not help anybody else. In another passage, the Yerushalmi permits an interpreter to mediate between the vower and the Bais Din. This implies that the vower must be present. The later Poskim speculate on whether this is a Scriptural limitation, based on the inappropriateness of being

represented for "words", or Rabbinical, based on concern that the Bais Din might be unable to quiz the vower properly before annulling his vows. The other view maintains that Hataras Nedarim is no different from any situation where one may be represented in Bais Din. Furthermore, some maintain that there need not even be a Shliach. Just as a husband annuls his wife's vows in her absence, a Chacham may also do so. The only difference is that a husband does not need the consent of his wife, while a Chacham must know that the vower wishes to annul his vows. A written request to Bais Din would appear to be better than sending a Shliach to do it in absentia. However, there are indications that some consider it more lenient, yet permit it anyhow.

In practice we follow the view that does not rely on a Shliach, though some rely on a written request. In emergency cases, and for the Erev Rosh Hashana Hatara, perhaps the patient should do it anyhow. However, it would be worth his while to repeat it when he is able to do it in person. [See Nedarim 8b Yerushalmi 10, Poskim. Tur, Sh. Ar. Y.D. 228:16, commentaries, Ar. Hash. 52-53.]

(C) Doing Hataras Nedarim sitting down

The Poskim maintain that though a Bais Din is convened to annul the vows, it is not a judgment. A true Bais Din is not convened by night, nor on Shabbos, yet Hataras Nedarim could be made during these times. Nonetheless, due to its similarity to a regular Bais Din, Hataras Nedarim is not done by night or on Shabbos, except in pressing circumstances. Similarly, while a Bais Din normally sits, for Hataras Nedarim they may stand, unless they need to deliberate on a Pesach. This requires concentration, which is best accomplished sitting down. The accepted practice is for the Bais Din to sit for Hataras Nedarim.

Normally, a litigant stands before the judges. This raises a question regarding Hataras Nedarim. Many Poskim maintain that it is not required, but has evolved into the *Minhag*, binding custom. Some actually cite a Talmudic source, but others maintain that this is also simply relating the custom. Normally, one would not be permitted to violate this custom. However, there is a view that the Bais Din should not let a Torah scholar stand for his Hataras Nedarim. This implies that it is in the hands of the Bais Din to permit the vower to sit. If this is true, they may permit the patient to remain seated or lying down. [See Nedarim 77b, Poskim. Tur Sh. Ar. Y.D. 228:3-4, Pischei Teshuva, commentaries.]

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