
UJF Young Adults sponsors Mitzvah Day

UJF release

The Young Adult Division (formerly YB&P) of the United Jewish Federation will host a Mitzvah Day on Sunday morning, Oct. 4.

Mitzvah Day is a new program for YAD and offers an opportunity for people to participate in hands-on projects at local Jewish agencies. Participants will also get an inside look at many of the agencies the UJF supports through the Community Campaign.

Projects include assisting residents of Jewish Residential Service in decorating their sukka and bagging food on opening day for the Kosher Super Pantry. Participants can choose their project upon registering for Mitzvah Day.

"The beginning of the new year is the season of tikkun olam - the healing and

repair of the world," said Adam Ennis, Mitzvah Day co-chairman. "Mitzvah Day will allow people to get out into the community and experience how they can really make a difference by giving just a few hours of their time."

"Mitzvah Day is not only going to be extremely rewarding, it is going to be fun for all of those who participate," said Mitzvah Day Co-Chairperson Sheryl Silverman. "Adam and I encourage everyone to give volunteer work a try for one day to discover how fulfilling it can be."

Mitzvah Day will begin at 8:45 a.m. on October 4th in room 165 at the Jewish Community Center in Squirrel Hill. Coffee and bagels will be served. Dietary laws will be observed.

For information or to register, contact Brian Herstig at 681-8000, ext 231 or via e-mail at bherstig@ujf.net.
