

● **Council Care I**

**For the Frail Elderly**  
A Project of National Council of Jewish Women

● **Council Care II**

**For Alzheimer's Diseased and Memory Impaired**  
A Joint Project of National Council of Jewish Women & Riverview Center for Jewish Seniors

● **Council Care/St. Clair Hospital**

**Adult Day Health Center**  
A Joint Project of National Council of Jewish Women and St. Clair Hospital  
Herbert Hoover School • 37 Robb Hollow Road • Pittsburgh, PA 15243 • (412) 276-2121

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April 3, 1990

Ruth Westerman  
1236 Windermere Drive  
Pittsburgh, PA 15218

Dear Ruth:

The gentle music and motions demonstrated by you, encourage active physical response by the clients. Some get great pleasure from their ability to join you on the floor in dance. But even more existing is the fact that even those who can only move a finger or tap a foot can be a part of the movement (dance) experience.

Your program titled Silver Motion gives pleasure and a feeling of achievement to the frail elderly as well as the demented. It is an age appropriate activity that can be adapted to the needs of various functioning levels at day care.

You have been involved with Council Care for the past six years. The experience has taught staff, strengthened clients and generally been uplifting to those participating as well as those viewing the program.

It is our hope that you will continue to be a part of our adult day care program and contribute to the health and pleasure of those we serve.

Fondly,



Ruth Kaplan  
Executive Director

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**COUNCIL CARE SENIOR ADULT DAY CARE CENTERS**

Riverview Center for Jewish Seniors • 4724 Brown's Hill Road • Pittsburgh, PA 15217 • (412) 422-2273